

Course title	General Psychology						
Type	20 hours of lectures + 10 hours of seminars = 30 hours						
Course leader	Assoc. Prof. Josip Bošnjaković, PhD						
Course co-leader	Asst. Prof. Marija Milić, PhD						
The goal or purpose of the course	The goal of this course is to introduce students to the basic concepts in psychology. Students will learn the basic theoretical principles about perception, emotions, motivation, thinking, learning, and memory. The aim is to connect the learned theoretical content with psychotherapy practice.						
Prerequisites for enrolment	No prerequisites						
Learning outcomes	After successfully completing the course, the student will be able to: Explain and define perception, emotions, motivation, thinking, learning, and memory; Describe the theoretical foundations and principles of perception, emotions, motivation, thinking, learning, and memory; Critically assess the applicability of different mechanisms of perception, emotions, motivation, thinking, learning, and memory in psychotherapy; Write a seminar paper in one of the subject areas of the course (perception, emotions, motivation, thinking, learning, memory).						
The relation between learning outcomes, teaching methods, and assessment	Teaching activity	ECTS	Learning outcome	Student activity	Methods of assessment	Points	
						min	max
	Co-creative learning process	1	1-3	Active participation and interaction	Records of monitoring students and their active participation	10	20
	Lectures on the content of the course	1	1-3	Critical Analysis	Discussion	20	30
	Group work	1	1-3	Group work	Feedback from participants	10	20
	Seminar paper	1	4	Individual work	Evaluation	10	30
	Total:	4				60	100
Office hours	By arrangement or with prior agreement by e-mail: mmilic.os@gmail.com , andelinovic.maja@gmail.hr						
Acquired competences	After successfully completing the course, the student will be able to explain and describe perception, motivation, thinking, learning, and memory, as well as recognize types and aspects of emotions, and distinguish between moods and emotions. In addition, the student will be able to recognize the characteristics of object perception, the influence of emotions and motivation on human behavior, and recognize the basic mechanisms of action and characteristics of memory and learning in everyday life. They will also be able to explain what thinking is and how the thought process works. Through seminar work, the student will expand their knowledge by delving into one of the course's subject areas in more detail.						
Content	This course will cover perception, emotions, motivation, thinking, learning, and memory. The following thematic units will be covered: Differentiate between sensation and perception and their structures, and explain the basic principles of object perception; Theories (classical conditioning, operant conditioning, social learning theories, and cognitive learning theories) and types of learning, and compare basic theories and types of learning; Basic memory processes, divisions, types, and phenomena of memory, as well as changes in memory depending on age; Thinking and thought processes; Problem solving and types of problems; Theories, types, aspects of emotions, differences in moods and emotions, and the importance of facial expressions; The relationship of emotions with memory and behavior; Definition and types of motivation and basic needs.						
Required reading	B. PETZ, <i>Uvod u psihologiju za nepsihologe</i> , Jastrebarsko, 2001.						

	<p>S. A. RATHUS, <i>Temelji psihologije</i>, Jastrebarsko, 2000.</p> <p>J. REEVE, <i>Razumijevanje motivacije i emocija</i>, Jastrebarsko, 2010.</p> <p>E. E. SMITH i sur., <i>Atkinson/Hilgard Uvod u psihologiju</i>, Jastrebarsko, 2007.</p> <p>P. ZAREVSKI, <i>Psihologija pamćenja i učenja</i>, Jastrebarsko, 2007.</p>
Recommended reading	<p>A.S. BADDLEY, <i>Essentials of Human Memory</i>, East Sussex, 1999.</p> <p>R. BECK, <i>Motivacija: teorija i načela</i>, Jastrebarsko, 2003.</p> <p>E. B. GOLDSTEIN, <i>Osjeti i percepcija</i>, Jastrebarsko, 2011.</p> <p>K. OATLLEY, J. M. JENKINSO, <i>Razumijevanje emocija</i>, Jastrebarsko, 2003.</p> <p>R. A. POWELL, P. L. HONEY, D. G. SYMBALUK, <i>Introduction to Learning and Behavior</i>, Belmont, 2013.</p> <p>B. SCHWARTZ, <i>Memory</i>, Los Angeles, 2011.</p> <p>R. J. STERNBERG, <i>Kognitivna psihologija</i>, Jastrebarsko, 2005.</p> <p>V. VIZEK-VIDOVIĆ, M. RIJAVEC, V. VLAHOVIĆ-ŠTETIĆ, D. MILJKOVIĆ, <i>Psihologija obrazovanja</i>, Zagreb, 2003. (poglavlje 3. Teorijski pristupi učenju i njihova primjena, str. 141.-201.</p>
Teaching methods	Lectures accompanied by PowerPoint presentations, individual and group work
Methods of knowledge assessment and examination	Written seminar paper
Language of instruction and opportunities	Croatian
Method of monitoring the quality and success of each course and/or module	Anonymous survey, written or oral feedback during lectures