

Course title	Personality Theories						
Type	25 hours of lectures + 20 hours of seminars = 45 hours						
Course leader	Prof. Boris Mlačić, PhD						
Course co-leader							
The goal or purpose of the course	The goal of the course is to explain to the participants the main theories (both classical and contemporary), models, and research in personality psychology. The emphasis of the course is on acquiring knowledge of basic theories and models in personality psychology, connecting findings across different theories and research, and explaining a person as a whole. The course also aims to explain the importance of love styles and personality traits for love, partner selection, marriage, and the longevity of relationships and marriage.						
Prerequisites for enrolment	No prerequisites						
Learning outcomes	After successfully completing the course, the student will be able to: Explain the role of personality theories and research in the contemporary environment; Define psychoanalytic, humanistic, social-cognitive, learning theories, and trait theories of personality; Determine the division, types, and dimensions of personality; Distinguish between psychoanalytic, humanistic, social-cognitive, learning theories, and trait approaches to interpreting personality; Understand and differentiate personality disorders; Understand and explain the importance of love styles and personality traits for love, partner selection, marriage, and the longevity of relationships and marriage.						
The relation between learning outcomes, teaching methods, and assessment	Teaching activity	ECTS	Learning outcome	Student activity	Methods of assessment	Points	
						min	max
	Co-creative learning process	1	1-6	Active participation and interaction	Records of monitoring students and their active participation	20	30
	Lectures on theories of personality and their importance for love and marriage	1	1-6	Critical Analysis	Discussion	20	30
	Writing a seminar	1	1-6	Individual work	Feedback to participants	10	20
	Final exam	1	1-6	Revision	Written exam	10	20
Total:	4					60	100
Office hours	Consultation times with prior notice by email: <i>boris.mlacic@pilar.hr</i>						
Acquired competences	Acquiring knowledge of basic theories and models in personality psychology in a contemporary context. Acquiring knowledge of the dimensional approach in personality psychology. Knowledge of personality disorders. The importance of personality traits in partner selection, marriage, and the longevity of relationships and marriage. Emphasis on explaining the whole person and reporting on this.						
Content	The basic appeal of personality psychology is that it addresses questions such as, “Why are people the way they are?” and “Why am I the way I am?” Unlike some other fields of psychology that study isolated aspects of individuals, personality theorists study the whole person and seek to understand how the different aspects of human functioning are intertwined. People act as organized wholes, and we must understand them in light of this organization. A key reason to study personality psychology is that it is the part of psychology that most directly deals with the most complex and interesting topics: the whole, integrated, consistent, unique individual. The scientific study of personality directly addresses the question of why we are the way we are. The personality theorist attempts to create a systematic framework that can be scientifically tested. Therefore, the purpose of this course is to introduce students to the main theories (both classical and contemporary), models, and research in personality						

	<p>psychology, personality disorders, and the importance of personality traits for partner selection, marriage, and the longevity of relationships and marriage.</p> <p>Topics:</p> <p>Personality theories in a contemporary context;</p> <p>Defining personality;</p> <p>The influence of heredity, environment, and their interrelationship in personality development;</p> <p>Psychoanalytic personality theories, humanistic personality theories, social-cognitive personality theories, and learning theories;</p> <p>Trait theories of personality;</p> <p>Typological and dimensional approaches to personality;</p> <p>Personality disorders;</p> <p>Personality and romantic relationships;</p> <p>Love styles;</p> <p>Personality traits and the choice of a marriage partner;</p> <p>Personality, conflict, and separation of partners.</p>
Required reading	<p>L. A. PERVIN, D. CERVONE, O.P. JOHN, <i>Psihologija ličnosti – teorije i istraživanja</i>, Zagreb, 2008.</p> <p>R.J. LARSEN, D. M. BUSS, <i>Psihologija ličnosti</i>, Jastrebarsko, 2008. (str. 2-444.)</p>
Recommended reading	<p>D. MARČINKO, M. JAKOVLJEVIĆ, V. RUDAN, <i>Poremećaji ličnosti, stvarni ljudi, stvarni problemi</i>, Zagreb, 2015</p>
Teaching methods	<p>Lectures accompanied by PowerPoint presentations, discussion, and critical analysis.</p>
Methods of knowledge assessment and examination	<p>Written exam.</p>
Language of instruction and opportunities	<p>Croatian</p>
Method of monitoring the quality and success of each course and/or module	<p>Anonymous survey.</p>