

<b>Course title</b>	<b>Socio-Cultural Context of Psychotherapy*</b>						
<b>Type</b>	20 hours of lectures + 10 hours of seminars = 30 hours						
<b>Course leader</b>	Asst. Prof. Drago Jerebic, PhD						
<b>Course co-leader</b>	Assoc. Prof. Ivica Pažin, PhD Zoran Vargović, PhD, Adjunct Assistant						
<b>The goal or purpose of the course</b>	To raise awareness, sensitize, educate, and practically train students on the influence of culture and different social groups on individual, family, and group counseling and psychotherapy work.						
<b>Prerequisites for enrolment</b>	No prerequisites						
<b>Learning outcomes</b>	After successfully completing the course, the student will be able to: Understand and describe concepts related to the socio-cultural context of psychotherapy; Understand the nature of multicultural competence in psychotherapy and distinguish between culturally universal and culturally specific formulations; Recognize patterns of social constructs in the field of mental health and illness; Understand the influence of socio-cultural and multicultural contexts on the construct of mental health; Apply basic methods and concepts of multicultural counseling and psychotherapy on the example of narrative therapy practice.						
<b>The relation between learning outcomes, teaching methods, and assessment</b>	<b>Teaching activity</b>	<b>ECTS</b>	<b>Learning outcome</b>	<b>Student activity</b>	<b>Methods of assessment</b>	<b>Points</b>	
						<b>min</b>	<b>max</b>
	Examples from practice or student life	1	1-5	Individual student presentation and group discussion	Quality of presentation and group collaboration	20	30
	Case studies	1	1-5	Group work - theory	Reflection, competencies, and involvement of participants	20	30
	Group work practice	1	1-5	Group work - role-playing	Participant feedback	10	20
	Seminar paper	1	1-5	Individual work	Evaluation	10	20
	<b>Total:</b>	<b>4</b>				<b>60</b>	<b>100</b>
<b>Office hours</b>	Consultation time with prior notice by email: <a href="mailto:zoran.vargovic@gmail.com">zoran.vargovic@gmail.com</a> , <a href="mailto:Drago.Jerebic@teof.uni-lj.si">Drago.Jerebic@teof.uni-lj.si</a>						
<b>Acquired competences</b>	Raising awareness of the need to consider the influence of social groups and cultural habits on the behavior and beliefs of the person or persons with whom we provide counseling and psychotherapy services. Knowledge of methods and approaches, and application and implementation of specific practices for working with individuals and groups from different social groups and with diverse cultural influences.						
<b>Content</b>	Given the internalization of modern man's life, especially through social networks that provide daily access to intercultural topics and experiences, the importance of educating experts who provide services in these areas is also growing. Professionals who will work practically with individuals and groups in counseling and psychotherapy should be aware of the influence of different social groups, cultural habits, and worldviews on the behavior and beliefs of individuals and groups. This course covers topics that equip future workers in this field with the competencies needed for a more complete understanding and appropriate practices when working with culturally diverse and/or specific users. The course will focus on the following areas: Sociology and culture in psychotherapy; Multicultural context of psychotherapy; Psychotherapy work with specific social groups (national minorities, migrants and refugees, disabled people and people with special needs, etc.); Social justice and social competence; Formation of social identities; Constructs of mental health and illness; Narrative practices as an example of a multicultural approach to psychotherapy.						

<b>Required reading</b>	P. PEDERSEN, <i>A Handbook for Developing Multicultural Awareness</i> , Alexandria, 2000. S. DERALD WING, D. SUE, H. A. NEVILLE, L. SMITH, <i>Counseling the Culturally Diverse: Theory and Practice</i> , New Jersey, 2019. A. MORGAN, <i>What is narrative therapy?: An easy-to-read introduction</i> , Adelaide, South Australia, 2000.
<b>Recommended reading</b>	L. KORN, <i>Multicultural Counseling Workbook: Exercises, Worksheets &amp; Games to Build Rapport with Diverse Clients</i> , Eau Claire, 2015. P. PEDERSEN, W. J. LONNER, J. G. DRAGUNS, J. E. TRIMBLE, M.R. SCHARRÓN-DEL RÍO (ed.), <i>Counseling Across Cultures</i> , 7th Edition, Los Angeles, 2015. D. CHANGMING, C. BROWN, <i>Becoming a Multiculturally Competent Counselor (Counseling and Professional Identity)</i> , 1st Edition, Los Angeles, 2015. F.A. PANIAGUA, <i>Assessing and Treating Culturally Diverse Clients. A Practical Guide (Multicultural Aspects of Counseling And Psychotherapy)</i> , Fourth Edition, Los Angeles, 2014. C. L. COURTLAND, <i>Multicultural Issues in Counseling. New Approaches to Diversity</i> , 4th Edition, Wiley, 2014. J. R. ANCIS (ed.) - <i>Culturally Responsive Interventions. Innovative Approaches to Working with Diverse Populations</i> , 1st Edition, Routledge, 2003.
<b>Teaching methods</b>	Lectures accompanied by PowerPoint presentations, audio-video examples, individual and group work
<b>Methods of knowledge assessment and examination</b>	Written seminar paper
<b>Language of instruction and opportunities</b>	Croatian
<b>Method of monitoring the quality and success of each course and/or module</b>	Anonymous survey, written or oral feedback during the lecture